

Lent at Holy Rosary 2023

Lent begins on Ash Wednesday, February 22, 2023, and concludes just prior to the evening Mass of the Lord's Supper on Holy Thursday, April 6. Lent prepares the faithful to enter into the paschal mystery (the passion, death and resurrection of Christ). By focusing on repentance, Lent is a time to free ourselves from the sins that prevent us from truly experiencing God's love. Our Lord wants us to grow in love during this important season and our parish would like to help you do just that.

Our prayer, fasting, and almsgiving during Lent help us on our journey to the cross. Though the church has certain Lenten fasting and abstinence regulations, only your own personal prayer and reflection will help you to discern which Lenten disciplines will help you toward the paschal feast at Easter. We have listed some of the ways your Holy Rosary Community can help you along the way. May your Lenten season be a time of prayer, fasting, and almsgiving as you experience the call of the Lord to change your heart, just in time for Easter.

Ash Wednesday

FEBRUARY 22, 2023
MASS AND DISTRIBUTION
OF ASHES
12:05 PM
7 PM

Eucharistic Liturgies

Monday

7:30 am at St. Joseph's Chapel

Tuesday and Thursday

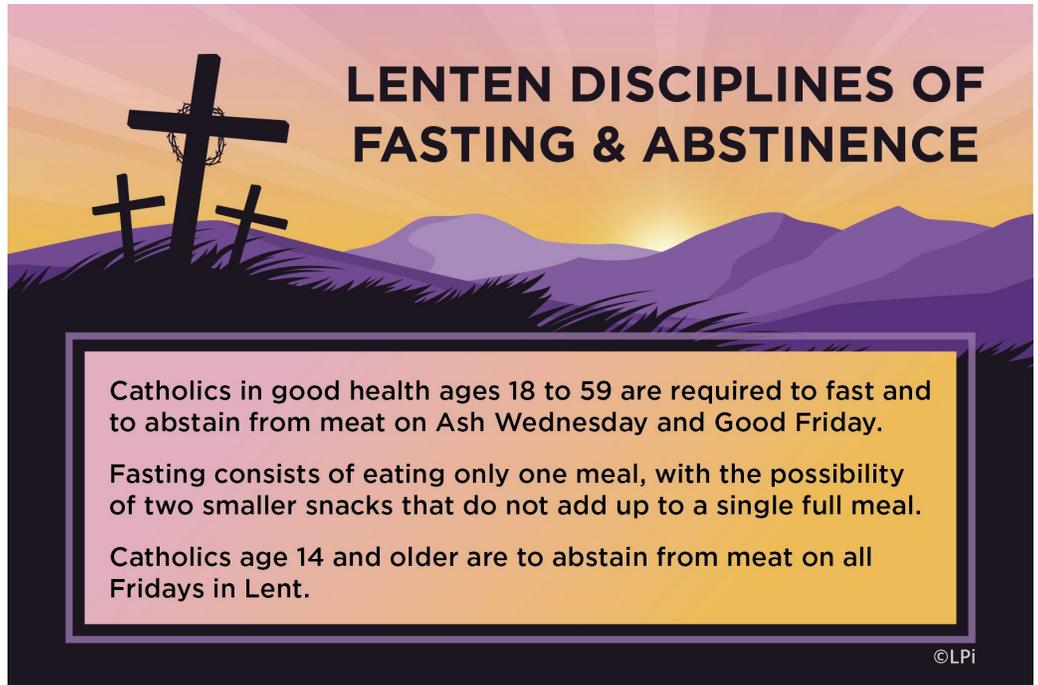
7:30 am at Holy Rosary

Wednesday

6 pm Holy Hour
7 pm Mass at Holy Rosary

Friday

6:30 pm at Holy Rosary
Every Friday including First Friday



LENTEN DISCIPLINES OF FASTING & ABSTINENCE

Catholics in good health ages 18 to 59 are required to fast and to abstain from meat on Ash Wednesday and Good Friday.

Fasting consists of eating only one meal, with the possibility of two smaller snacks that do not add up to a single full meal.

Catholics age 14 and older are to abstain from meat on all Fridays in Lent.

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Stations of the Cross

WALK THE WAY OF THE CROSS
EACH FRIDAY AT 7 PM
GOOD FRIDAY AT NOON

Women's Lenten Bible Study

Women's Study Group Presents
"Becoming Eucharistic People"
A 5-week study of the book
by Timothy O'Malley
Mondays at 5pm

Prayer During Lent

We encourage you to pick up one of our "Daily Reflections for Lent" booklets for 2023. Also, our "Little Black Books" are available again this year. These prayer aids feature quotes, scripture verses, readings and reflections to help us along our Lenten journey.

Penance Service

Holy Rosary
March 27 at 7 pm

St. Brendan
March 20 at 7 pm

Confessions are available before each mass and anytime by appointment. Please call the rectory to make an appointment.

Watch the bulletin for updates on these Lenten opportunities.

Lenten Retreat

Join us on Saturday, March 18th for our parish Lenten Retreat. Father Bill Petro from the West Virginia Institute of Spirituality will lead us in our morning gathering as we study the year of the Eucharist. Watch for more details in the bulletin.

Almsgiving

We are encouraged during Lent to consider almsgiving along with our prayer and fasting. This year, we have two specific causes we would like to focus on for Lenten giving, and we will have special baskets for each one during Lent:

CRS Rice Bowls - Your donation helps communities around the world affected by hunger and poverty.

Holy Rosary Diaper Bank - Your Lenten donations of diapers, wipes, or pull-ups help the needy families in our area.